

17PSWAM02

SOCIAL CASE WORK

TOTAL TEACHING HOURS: 45

Objectives

- To acquire knowledge of individuals
- To understand the different models of helping and applying them in social work practices with individuals
- To develop the ability to work independently as a professional worker

Unit I

(9 Hrs)

Individuals as a product of past – present – future configuration. Dynamics of individuals and families – Levels of existence of individuals.

Social-Case Work: definition and objectives, its importance and relationship with other methods of Social Work, Principle of case work.

Components of Social Case Work: the person, the problem, the place and the process.

Relationship: Empathy, skills in building relationship and communicating empathy, use of relationship in the helping process,

Problems in professional relationship – transference and counter transference and need for planning and timely emotional withdrawal.

Unit II

(9 Hrs)

Case Work Tools

Verbal and nonverbal communication: - observation, interview - interviewing process: principles, process and skills, collateral contacts, home visits

Recording - Uses principles, types, structure and content. Use of genograms and eco-maps, family schema in records.

Unit III

(9 Hrs)

The Helping Process: - Components and Phases, Components – Person and family, problem, agency resources and process

Phase 1: Exploration of person-in-environment

Phase 2: Multidimensional assessment and planning multidimensional Intervention

Phase 3: Implementing and goal attainment

Phase 4: Termination and evaluation: follow up.

Unit IV

(9 Hrs)

Models of case work practice

Psycho social, functional, life models, problem solving, crisis intervention, family centered approach and eco-system perspective in social casework.

Comparison of casework with counseling

Psychotherapy as helping processes.

Unit V

(9 Hrs)

Case work practice in different settings in India

Social case work practice with individuals and families in different settings / agencies and non-institutional services such as adoption, sponsorship and families with various types of problems. Use of eclectic approach Use of single case evaluation and ethnography as research method in casework.

Reference books

1. Ammet. Garrett. (1962), **Interviewing: Its Principles and Methods**, Family Service Association, New York.
2. Aptekar, Herbert, H., (1962), **Basic Concepts in Social Case Work**, University of North Carolina Press, Chapel Hill.
3. Banerjee, G.R, (1977), **Papers on Social Work – An Indian Perspective**, TISS, Bombay.
4. Biestek, Feliex, P. (1957), **The Case Work Relationship**, George Allen and UnWin Ltd., London.
5. Hamilton, Gorden, (1955), **Theory and Practice of Social Case Work**, Columbia University Press, New York.
6. Hollis, Florence, (1976), **Case Work: A Psychosocial Theory**, Random House, New York.
7. Kasius, Kora, (1952), **Principles and Techniques of Social Case Work**, Family Service Association, New York.
8. Mathew, Grace, (1992), **An Introduction to Social Case Work**, TISS, Bombay.
9. Pearlman, Helen Harris, (1995), **Social Case Work: A Problem Solving Process**, The University of Chicago Press, Chicago.